**LESSON PLAN**

**SUSTAINABLE CONSUMPTION:**

**ITS BENEFITS AND COMPLEXITIES**

**TIME**: 60 minutes

**DESCRIPTION**: a lesson for 2 middle school (students’ age 16) about sustainable consumption and complexities

**RELATED SUBJECT AREAS:** geography and science

**MAIN AIM:**

Students will:

become more aware about sustainable consumption;

learn the impact of consumption on the environment;

learn about the benefits and the complexities associated with sustainable consumption;

learn to change their wrong leaving habits;

think about ways to become more sustainable consumers

**METHODS AND FORMS OF WORK**

Individual work, group work, brainstorming, discussion.

**TOOLS**

Video, computers connected to the internet, video projector.

**ACTIVITIES**

Teacher introduces the main topic of the lesson and asks learners few questions in order to find out what they know about sustainable consumption

Teacher asks students what consumption is. Why products are produced

Students learn the main differences between sustainable and unsustainable consumption and the consequences of more industrial and manufacturing processed which can deplete resources and increase pollution.

Students watch a video on sustainable consumption which explains them the benefits and the complexities that are associated with sustainable consumption.

Students discuss the main issues addressed in the video.

Divided into small groups students try to find good ways of living in order to limit the adverse effects to the environment.