

Our questions:

What is Słupsk's typical food?

How do teenagers live?

Describe Słupsk in three words.

Is Poland a very religious country?

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Słupsk

Travel Guide

CONCIOUS CONSUMERS
OF FUTURE



Student's Exchange Programme

16TH TO 23TH OF MARCH

Ślupsk

Ślupsk is a beautiful city localized in the north of Poland, near the Baltic sea. It is full of remarkable landmarks such as gothic churches, museums and mediaeval fortifications.

This seven-hundred-year-old town is an important economic, scientific and tourist centre of Central Pomerania, and is getting more and more popular by its sportive routes that allow individuals to do hiking and cycling. As part of a legend, Ślupsk is well-known for its Amber Bear figure, a symbol of luck for the city's residents and tourists.



ECONOMICS AND GEOGRAPHY

The official coin of Poland is the Zloty.

The economy of Poland is diversified and is divided in industries of shipbuilding, production of cool steel and electric power.

The agriculture is mainly based on potato, beet production and pig farming.

Poland is inserted in the lowlands of the plain of Northern Europe.

CULTURE AND EVENTS

Ślupsk is known for its sports clubs, champions in Poland and holders of some Olympic medals, Ślupsk is a very pleasant and attractive city for those who visit it, since it combines history and the present in a very harmonious and unusual way. Ślupsk has some groups that take its name all over the world - such as the Polish Philharmonic Orchestra "Baltic Symphony", the New Theater Professional Group, the Rondo Theater Center and the Puppet Theater "Tęcza".

Ślupsk has many events such as:
the "Solidarity" International Contract Bridge Festival
the Komeda Jazz Festival
the "Performance" International Art Festival

MONUMENTS

Ślupsk has a remarkable number of impressive churches and monuments:

The castle of the Pomeranian Dukes

Witches Tower

Richter's Granary

FOOD

Poles boast that their two basic products are bread and sausages. The most typical ingredients used in Polish cuisine are sauerkraut, beetroot, cucumbers (gherkins), sour cream, kohlrabi, mushrooms, sausages and smoked sausage. Bigos is one of national and traditional Polish courses. A true touristic 'must eat'. Bigos is a stewed dish made from cabbage as a main ingredient. Fresh cabbage can be used as well as the soured one, called sauerkraut.

Useful expressions

Hello! / **Cześć!**

Good morning! / **Dzień dobry!**

Thank you! / **Dziękuję Ci!**

Can you help me? / **Możesz mi pomóc?**

How much does it cost? / **Ile to kosztuje?**

How to get to..? / **Jak dostać się do..?**